



2023-2024 WINTER COACHING PROGRAM

If you are interested in continuing to hone your golf skills in the off-season this is the place to do it! This off-season we are offering a **Winter Coaching Program**. It's a great time to work on set up & swing adjustments to be better prepared to play golf once the season starts! Or if you are heading down south to play this winter it will help to keep your game sharp.

All programs include: Golf Instruction (Lessons), Guided Practice Sessions, and Additional Simulator Practice Time

✚ Lessons will focus on:

- ✓ Learning and improving on fundamentals in set up and swing
- ✓ Learning about what key performance indicators (using TrackMan data) that are essential to your game
- ✓ Video analysis, skills assessments, and summary reports when applicable
- ✓ Data sampling with different clubs
- ✓ Optimizing the equipment in your bag

✚ Guided practice sessions will focus on:

- ✓ Included in each session: 20 minutes of instructor guidance followed by 40 minutes of the student practicing on their own
- ✓ Review of set up & swing changes covered in the previous lesson
- ✓ Goals for key performance indicators
- ✓ Practice!!

✚ Additional practice sessions will focus on:

- ✓ Practice and/or play!!



2022-2023 WINTER COACHING PACKAGE OPTIONS

Red Package \$495

- ✓ 2 (40 Minute) Lessons
- ✓ 2 Guided Practice Sessions
- ✓ 5 hours of Simulator Practice Time

Gold Package \$680

- ✓ 3 (40 Minute) Lessons
- ✓ 3 Guided Practice Sessions
- ✓ 5 hours of Simulator Practice Time

White Package \$850

- ✓ 4 (40 Minute) Lessons
- ✓ 4 Guided Practice Sessions
- ✓ 5 hours of Simulator Practice Time

Blue Package \$975

- ✓ 5 (40 Minute) Lessons
- ✓ 5 Guided Practice Sessions
- ✓ 5 hours of Simulator Practice Time

Black Package \$1080

- ✓ 6 (40 Minute) Lessons
- ✓ 6 Guided Practice Sessions
- ✓ 5 hours of Simulator Practice Time

***Additional simulator practice time available at discounted rate**